

# TAKE A SHOT AT COVID TOOLKIT

## Why should teens be vaccinated against COVID-19?

### Vaccinating teens against COVID is important

Parents and teens should consider:



We (your healthcare providers) **recommend** that your teen get vaccinated



COVID vaccination prevents new infections, and more importantly **serious disease and hospitalization.**

- Children and teens are the lowest vaccinated age groups making them more vulnerable to serious disease and hospitalization.
- The unvaccinated are 14 X more likely develop serious illness, and be hospitalized than those who are **vaccinated.**
- The unvaccinated are 20 X more likely to develop serious illness, and be hospitalized than those who are **vaccinated and boosted.**
- COVID-19 infection greatly increases the risk of myocarditis (swelling of the heart muscle) by 2 – 6 X in teen boys. This can impact a teen's participation in sports.
- Unvaccinated Young Adults are vulnerable as masking and social distancing guidelines expire.



The COVID vaccine is **SAFE** for teens

- The COVID vaccine does NOT cause infertility. Cincinnati Children's wants you to know that this claim on social media or elsewhere is totally untrue and a hoax. There is zero scientifically based evidence that vaccines affect fertility in either males or females. Also, the American College of Obstetrics and Gynecology recommends that pregnant women have access to COVID-19 vaccines.
- The risk of myocarditis (swelling of the heart) resulting from vaccination is less than 0.1%
- The risk of myocarditis (swelling of the heart) is much higher (2 – 6 X higher in teen boys) with COVID-19 infection than it is with vaccination



The most common side effects in teens are:  
**soreness at the site of vaccination, headaches and fatigue.**



You can also access this toolkit on the web

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