

Partial Hospitalization Program (PHP) Admission and Exclusion Criteria (8.2023)

ADMISSION CRITERIA

- The patient presents with symptoms consistent with the psychiatric diagnoses listed in the *Diagnostic and Statistical Manual of Mental Disorders, 5th Edition*:
 - depression, anxiety, attention deficit, bipolar, obsessive compulsive, and trauma related disorders. Admission contingent upon clinical review for appropriateness.
- The patient exhibits disabling symptoms related to an acute behavioral health condition or the exacerbation of symptoms from a persistent mental disorder that has not improved or cannot be adequately addressed with a less intensive level of care.
- Marked impairments in multiple areas of his/her daily life are evident. This may include marked impairments that preclude adequate functioning in areas such as self-care, social/interpersonal relationships (family, peers), and/or other more specific role expectations such as school, work, home duties, problem solving, decision-making, contacting supports, engaging in extracurricular activities, addressing safety issues, adhering to medications, and/or managing time in a meaningful way.
- The patient can manage all activities of daily living independently and participate in programming without any physical and/or cognitive limitations that would prevent the patient from benefiting from treatment. IQ < 70 requires clinical review.
- The patient and caregiver are willing to participate in the intake assessment (1–2-hour intake and plan for patient to attend programming duration of intake day), treatment planning and review, parent letters, family meeting, and discharge planning with treatment team members. Program average length of stay is 7-10 days.
- Transportation arranged at responsibility of the guardian. The patient must be picked up and dropped off by an adult over age 18, child cannot drive themselves to and from the program. Drop off time: 8am-8:30am. Pick up time: 3pm-3:30pm
- The patient is not at imminent risk of harming themselves or others.
- Patient's behaviors or level of aggression does not compromise patient/staff safety.
- Day Treatment Program services are the least restrictive environment and consistent with the patient's needs.
- The patient is 10 through 17 years of age for Green Township PHP. The patient is 12 through 17 years of age for Norwood PHP.

EXCLUSION CRITERIA

- The intake assessment and other relevant information indicate that the patient needs a less intensive level of care.
- The patient is at imminent risk of harm to self or others or requires a more intensive level of service.
- The patient and/or caregiver/guardian do not voluntarily consent to admission or treatment.
- The patient has significant cognitive impairment/limitations (ie IQ <70 requires clinical review).
- The patient with active eating disorder does not have an outpatient medical team actively managing any medical signs and symptoms and/or patient is not currently medically stable. Specific exclusion criteria:
 - requires ongoing cardiac monitoring, in need of intense medical monitoring such as labs more than 2x weekly. HR < 50, NG feeds, orthostatic vital signs abnormal, serum potassium < 3.2, serum chloride <90, serum phosphorus < 3.5, weight under 75% IBW.
- The primary presenting diagnosis is due to substance use, psychosis, autism spectrum disorder, eating disorders, conduct disorder, and/or any condition that would interfere with the utilization of program interventions. (Admission contingent upon clinical review for appropriateness.)
- The patient has a recent and/or significant history of aggression.
- The patient has a recent and/or significant history of elopement.
- The patient has a history of inappropriate sexual behavior.